

IN THE SPECIFICATION

Please amend the specification as follows:

Amend paragraph 14 as follows:

C1 [0014] Hollow outer tube (C) is intended to be of lightweight material and uniform diameter and of a length approximating that of most bats. The handle portion (A) has at its inner end a slightly larger inner diameter than the outer diameter of the hollow outer tube such that the hollow outer tube can be inserted into the inner end of the handle portion. The handle portion (A) has a closed outer end. The handle portion (A) is made of material, which enables it to be easily grasped and also is lightweight and of length approximately equivalent to the length of most bat handles. In the illustrated embodiment, solid plug (E) is illustrated as having a hole drilled lengthwise through it. This solid plug (E) is positioned at the end of hollow outer tube (C) opposite to handle portion (A) and affixed to the inner portion of hollow outer tube (C) by means of glue. A steel pin (D) is inserted into drill holes through hollow outer tube (C) and solid plug (E). An end cap (F) covers the end of hollow outer tube (C) at the end opposite to handle portion (A). Inside of hollow outer tube (C) is placed a slidable hollow inner tube (B) of outside diameter slightly less than the inner diameter of hollow outer tube (C) which permits slidable hollow inner tube (B) to slide the interior length of hollow outer tube (C) between the ~~inner~~ closed outer end of handle portion (A) and solid plug (E) with steel pin (D).